

Smart Life Forum

SmartLifeForum.org

Dean Bonlie, DDS

Magnetism: The Down-to-Earth Story

Cubberly Center, 4000 Middlefield Road , Room H1, Palo Alto

Thursday, April 20, 2006 at 7:00 PM

Future Speakers:

•**May 18, William Grant, PhD**, on “**The health of nations: How national diets affect national health and how we know.**” His presentation will include the scientific method applied to diet and chronic disease, epidemiologic studies, the China Study (from original work by Campbell, et al.) Alzheimer’s disease, Vitamin D, Breast, Prostate and Colon Cancer, Diabetes, Heart Disease.

FMBR Meeting Notice: Friday, March 24, 2006 at 8:00 pm at ITP, Palo Alto (See fmb.org for details); **Dr. Keith Scott Mumby, M.D.**, PhD. will present hard scientific evidence that underpins energy medicine. He is well known in the field of allergy medicine and nutrition. He is the author of the book Virtual Medicine and is a professor at the Open International University for Complementary Medicine.

See additional **notes** and links now and after this month's meeting here (and add your own!):

<http://SmartLifeForum.org/2006/04>

Meet Dean Bonlie, D.D.S.,

Dr. Bonlie graduated from Loma Linda University in 1962. Since that date, his occupational journey has been varied and colorful. However, in the last 15 years he has found his real fulfillment in full-time study and research of magnetism as it relates to health. His scientific theory on the action of magnetism on living tissue has made him a widely accepted authority in this field. The basis of this theory is that our only natural source of magnetism is environmental—from the earth. Since this source is now so drastically depleted, it appears to have a distinct impact on life and health. Initially, Dr. Bonlie’s research led to the design and production of the only under-the-mattress magnetic sleep pad which correctly restores an earth-type magnetic field back to the body. The positive results

obtained from the static field low gauss sleep pads stimulated his research into higher strength magnetic fields and subsequent development of the “Magnetic Molecular Energizer” (MME) device. This is a large clinical magnetic high-strength treatment device weighing 10,000 lbs., being operated in Advanced Magnetic Research Institutes (AMRI’s) in the USA. There are currently six AMRI clinics functioning in the USA., with very exciting results.

Main Presentation

Magnetism: The Down-to-Earth Story

Did you know that if you were placed in a specially designed room that could be deprived of all natural magnetism, you would become basically non-functional? You would not be able to think clearly, your emotional stability would be so affected you might burst into tears without even feeling sad, and your coordination would also be seriously hampered. This is not the product of an overactive imagination, but actual results of research conducted on humans by the Electromyography Laboratory at UCLA, Department of Physiological science. Two male subjects were placed in a specially designed cage built of Mu metal (which deflects magnetic fields). They were hooked up to EEG’s, ECG’s and electrical potential sensors and monitored throughout. In a matter of minutes, they began losing emotional control (weeping) and then they began to lose muscular control beginning at the feet, moving upward...which of course, concluded the testing before affecting the heart muscles. Even the researchers were surprised by the dramatic effects noted in such a short time of deprivation and then the speedy recovery with the restoration of environmental magnetism.

Environmental Depletion. Our current problem is a drastically depleted environmental source. Four thousand years ago there was six times more geomagnetism than now...and people lived in that 24 hours a day. The U.S. Geological Survey has been measuring and recording the levels of earth’s magnetic field for 160 years and it shows a 5% rate of decline per 100 years. Though this seems to be a gradual and imperceptible loss, its effects are now coming to light...with a present measurement of only .5 gauss. Methods of determining the amount of reduction will be presented, along with current and past measurements, and the rate of present continuing decline....including an estimation of point zero by NASA.

Basic Theory. The elementary theory of effect is based on the Larmor Frequency Formula of Physics, which states (in abbreviated terms): “An increase in the magnetic field in which an atom exists produces an increase in the velocity of its orbiting electrons, with a cascading series of energizing effects such as precession that will enhance the chemistry of the body.” References are given affirming this theory by the research of Martin Blank, Ph.D., Charles Grissom, Ph.D., & Jan Walleczek, Ph.D.

Overall Theory. What Dr. Bonlie is known for is termed the “Uni-Directional, Uni-Polar Theory of Magnetism on Living Cells”. The goal is to create a magnetic field that matches the direction of the field produced by the earth in the hemisphere where one lives, to restore previous environmental levels. The simplest application for supplementation is by a correctly designed magnetic sleep pad—from 5 – 20 gauss strength, for wellness or improved body performance (such as athletic) with benefit.

Small Magnetic Devices. The most frequently used magnetic treatment modalities utilize both polarities of field, Negative(-) and Positive(+). This is simpler and elicits quite a different body response. These include the many pulsed frequency devices (zappers) and various larger pulsed devices which need to be administered by a health professional, single permanent magnets for spot use, magnetic wraps for backs, wrists, etc. and last but not least, any magnetic sleep pad placed on top of the mattress.

Bi-polar Magnetic Field Therapy. The basic principle of bi-polar magnetic therapy is that only one polarity will match that of the earth in our hemisphere (natural to our bodies and enhancing electron activity)...while the other polarity present will have an opposite direction of flow and actually slow down electrons, inhibiting body chemistry in that precise area. This has the effect of eliciting a response from the brain that is almost identical to that of an acupuncture treatment.

Acupuncture is now recognized as a legitimate treatment, but requires the expertise of a qualified practitioner. One of the underlying principles of acupuncture is that the response to it should be safeguarded by intermittent usage. If done on a continuous basis, it would, in time, draw down on vital reserves of energy, often call the “Chi”. This type of response can be termed the “emergency” response.

Emergency Response Effects. With any single magnet, small product, pulsed device, or sleep pad placed directly next to the body, there is a bi-polar, stimulating effect. One polarity will match that of the earth, enhancing electron transfer and supportive of body functions. The returning field around each magnet (or magnetic product) conversely will slow electrons which signals the brain to send extra electrical flow, blood flow, endorphins, etc. to that area. Saul Liss, Ph.D., quantitatively measured the chemical reactions in both acupuncture and magnetic treatments and found them to be almost identical! The key here is that the response is based upon the amount of available “chi”. To achieve on-going results with acupuncture one needs to space the appointments appropriately to allow recovery time between treatments. Most studies done with using permanent magnets or small magnetic devices are effective due to the bi-polar principle of stimulation, are not long-term, and will typically show benefits in pain relief, increased circulation, etc. These can be helpful short-term, one just needs to work with the principles of action.

Resonance. Another important element in the body’s response to magnetism is resonance. This occurs when the pulsed field from the brain is at a harmonic of the combined atomic frequencies of the targeted tissue. It may last from only a few seconds up to a minute and then move on to the next tissue need. This process is repeated cyclically during the hours of sleep. This principle is utilized in the small pulsed magnetic devices, but there is the difficulty in selecting the correct frequency and with the shortness of time that it is effective.

Uni-polar, Whole Body Magnetic Supplementation. When magnetism is applied in the environmental application (restoring a depleted environmental amount), one can expect to see improvements in general body performance (as in athletes), but also for chronic and toxic conditions. All the systems of the body are being energized equally. Dr. Bonlie will review briefly with you the results from this type of application in the following studies or cases:

- 1) Heavy Metal Detox (Case Studies)
- 2) Autism & ADHD
- 3) Sleep Problems
- 4) Arthritis
- 5) Fibromyalgia & CFS (Studies)
- 6) General Wellness & Speeded Healing

High Strength Magnetism. Seeing the success with these lower levels of magnetic strength, he began experimenting with higher strength devices. After quite an evolutionary process, the Magnetic Molecule Ener-gizer (MME) device came into being and is now being used in six clinics in the USA, operating under an IRB, and now midway in their first double blind study on Diabetic Neuropathy for FDA approval.

MME treatments are being found effective in reversing brain damage from CP, MS, Parkinson’s, stroke impairment, and closed head injuries. Orthopedic healing times are reduced by two-thirds; herniated disc repairs in 3 weeks. Moderate to severe diabetic neuropathy routinely will respond with at least 80% nerve regeneration in 3 weeks. A 2 – 3 week time period for myocardial regeneration is also being experienced.

Magnetic Molecular Energizer (MME) Device:

Phase III and Case Studies in:

- 1) DPN Study – New Nerve Growth in 90% of Participants
- 2) Low Back Pain—Repair damage/Pain eliminated
- 3) CP – 95% Success Rate in Functional Improvement
- 4) Bone & Ligament Repair & Healing
- 5) Parkinson's & M.S.
- 6) Stroke Damage Repair
- 7) Cardiovascular Damage
- 8) Wet Macular Degeneration

Magnetism: Energy Medicine of the Future, Here Now!

There is an increasing interest in the “energy” medicine field in relation to wellness and anti-aging. It takes energy to make chemistry happen. This presentation is only scratching the surface of an incredibly fascinating subject. Hopefully, it will provide you with an elementary scientific foundation on which to build your knowledge and skills. Research in Physics and Chemistry is confirming these basics. There is no doubt this is an emerging science.

When used in harmony with the principles of nature, magnetism is not only completely safe, but has tremendous potential for assisting in body recovery and regeneration. There is never a total magic solution, but magnetic energy is close, being synergistic with all other treatments by supplementing the body's own energy, which is really the ultimate key to body function and repair.

Editor's Note: Magnetic Molecular Energizing (MME) is not covered by insurance, because it is considered an investigational device or therapy, and MME treatment is considered to be experimental by the FDA."

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Sandy Goebel, Treasurer/Records
855 Fremont St. #4
Menlo Park, CA. 94025

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Phil Jacklin at (408) 867- 1945 or
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